

BODY WORK 50 min / 80 min 150 / 230

designed with you in mind, our talented providers have developed precise techniques to balance the body, unwind the mind, and enrich the spirit.

Cliff Signature Massage

therapeutic, relaxing, pressure customized to your needs / tension relief, detoxification and renewal

Signature Couples

book 2 à la carte Cliff Signature Massages in a couple's room and share the experience

Superior Stone

gentle, energetic / smooth hot and cool stone placements / grounding, soothing, relaxing

CBD Sports Recovery +20

anti-inflammatory, targeted area focus, cooling relief, cbd proprietary blend / enhances recovery and performance

High Altitude Relief

targeted, pressure relieving / stimulate circulation and lymph nodes / aims to aid relief of mild high altitude symptoms

Prenatal Care

balancing, nurturing / pregnancy specific, side supported technique / ideal for baby and mom-to-be

ELEVATIONS 25 min +80

indulge, nourish and protect your body's largest organ from the high altitude environment.

Scalp Ritual

warm Ayurveda oil application / the ultimate nourishment for scalp and hair

Hydrating Body Polish

exfoliate the skin to assist circulation and lymph flow / Ayurveda oils lock in moisture and balance self-transformation

MOUNTAIN HEALING 50 min / 80 min 150 / 230

inspired by ancient practices, performed with a modern touch, these services offer the discerning spa goer a pathway to deeper levels of wellness and bliss.

Thai Massage

calming, invigorating / passive stretching, rhythmic compression, loose clothing worn / physical, emotional, spiritual

Eastern Reflexology

firm, focused / traditional Thai stick massage targets feet and lower legs / stimulate internal organs, increase blood and lymph circulation

The Ayurveda Wrap

intensive, soothing / hydrating body polish, aromatic shea butter cocoon, and warm Ayurveda oil scalp ritual / cleanse and restore skin, harmonize mind-body connection

The Deep Relaxation Ritual

cleansing, blissful / lymphatic dry brushing, detoxifying seaweed application, chakra balancing energy work / clear, balance, recharge

Craniosacral Therapy

gentle, hands on / soft touch focusing on cranium, spine and sacrum / release tension, relieve pain, improve overall health

Reiki

healing, light touch / energy work that flows through the affected parts of the bio-magnetic field / reduce stress, gain clarity, promote wellbeing

- The Cliff Spa is reserved for guests 16 years of age and older.
- Please advise us of any health conditions, allergies, injuries, or provider gender preferences at the time of booking to ensure that we will be able to accommodate your needs.
- We request the courtesy of a cancellation or change notice a minimum of 4 hours in advance of your scheduled time. Late cancellations will be charged 50% of the list price. The full price of service will be charged for no shows. Changes made within the 4-hour window will be subject to a \$20 change fee.
- To prepare for your experience and enjoy all The Cliff Spa has to offer, please check in a minimum of 30 minutes prior to your scheduled service. Arriving late will limit your treatment time.
- To ensure the safety of your valuables, please remove any jewelry prior to your visit. The Cliff Spa is not responsible for lost or stolen items.
- We invite you to unplug with us. Electronic devices must be silenced.
- Package and pricing limitations apply.

SKIN CARE

50 min / 80 min 150 / 230

focusing on the unique needs of the individual, our skilled Estheticians guide clients through specialized rituals using premium remedies to pamper and protect.

Healing Botanical Facial

soothe, protects / nutrient rich aloe, calendula and white tea / replenishes devitalized, irritated, and sensitive skin

Beyond Botox Facial

anti-aging, collagen amino acids, hyaluronic marine mask / boosts radiance, brightens and firms complexion

Oxygen Infusion Facial

hydrating, nourishing / hyaluronic layering, vitamins, and anti-oxidants delivered via light pressure oxygen / instantly, targeted results

CLIFF SPA JOURNEYS

journeys are explorations hand selected for an extended ritual of self-transformation.

The Refresher

A Cliff Signature Massage, Hydrating Body Polish, & Signature Pedicure
125 min

The Perfect Combination

A Cliff Signature Massage & Ayurveda Wrap
100 min

The Mountain Meditation

A Cliff Signature Massage & Deep Relaxation Ritual
100 min

The Healthy Body in Balance

A 60-min private yoga or fitness session followed by an 80-min Cliff Signature Massage
140 min

East Meets West

A Cliff Signature Massage & Eastern Reflexology
100 min

The Superior

An 80-min Cliff Signature Massage, your choice of Ayurveda Wrap or Deep Relaxation Ritual, Signature Manicure & Signature Pedicure
230 min

SALON

refine your personal style with our expertly trained Cosmetologists and Nail Technicians. Signature Wellness offerings are non-toxic, vegan and cruelty free.

Nails

Signature Wellness Manicure	50
Signature Wellness Pedicure	65
Shellac Manicure	65

Hair

Women's Shampoo Cut & Style	75 +20 longer / thicker
Women's Shampoo & Style	55 +20 longer / thicker
Men's Shampoo & Haircut	40
Men's Deluxe Shave	60
Up-do + Consultation	125
Women's Special Occasion Hair starts at	75
Single Process Hair Color starts at	125
Highlights / Lowlights Hair Color starts at	150
Brow Shape & Tint	40

Skin

Make Up Application	50
Full Face Wax / lip, cheek, brow, chin	50



THE CLIFF SPA

Open Daily

The Cliff Lodge at Snowbird, Level 9
801.933.2225 In-House Ext. 5900

For detailed information visit us at cliffspa.com